

Free Newbury Debt Centre reopens

Churches partner with Christians Against Poverty to help local people struggling with the financial impact of rising costs

Christians Against Poverty has announced that it has reopened the Newbury Debt Centre with a new face at the helm. Colin Cunningham is leading the team, sponsored by churches across Newbury, in the work to help people escape overwhelming personal debts.

The Newbury branch is one of 270 across the UK, giving face-to-face help to some of Britain's most desperate and isolated people, a third of whom describe themselves as suicidal.

The Rector at St. Nics church, Will Hunter Smart, said "All the rising costs are making life really challenging for a lot of people, with many struggling to afford the basics and stay out of debt and poverty. People can find themselves in unmanageable debt for many different reasons – ill health, job loss, bereavement, relationship breakdown, or just being on a low income while costs continue to remain high. Debt is often very destructive. It affects family relationships, health and can be very isolating. As a compassionate and caring community, we want to provide practical action to help people in Newbury and the surrounding areas who have been impacted by the cost-of-living crisis."

"We want everyone in Newbury and the surrounding areas to know that our debt help service is here and completely free of charge."

Colin Cunningham has taken on the role of Debt Centre Manager for the Newbury CAP Debt Centre. He says, "We know how much this service is needed right now in our area and we're looking forward to offering free, face-to-face support to people who would like some help to become debt free. Being in debt is often very challenging, but getting help as early as possible can make a big difference. Christians Against Poverty has a professional team of experts ready to work with you to find the best route out of debt. We want everyone in our area to know that our free debt help service is here for people from all faiths and none, and it's completely free."

CAP works with churches across the UK to deliver expert debt help. TV's Money Saving Expert Martin Lewis has described CAP as "unsurpassed" in its in-depth service which encourages and supports each household to repay what they owe – or go through insolvency – until the day they are debt free.

Colin continued, "We want to encourage anyone who is struggling to contact us now on 0800 328 0006 or visit capuk.org/help to start the process."

How to seek help

If you're struggling with your finances, you can find out more about the services CAP offers in your area by visiting capuk.org/help or calling **0800 328 0006**.

For more information on a wider range of free help available visit moneyhelper.org.uk.

How to support CAP's work

If you'd like to support CAP's work across the UK and help more individuals and families to break free from debt, please donate at capuk.org/donate.

If you're interested in finding out more about how you can directly support your local CAP service, contact Colin Cunningham at colincunningham@capuk.org.

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Notes for journalists:

Contact:

Local contact: Colin Cunningham, colincunningham@capuk.org, 07393 496480

Local PR team: pr@capuk.org, 01274 760801

Christians Against Poverty (CAP) is a UK charity working with over 800 affiliated churches to deliver debt help, budgeting guidance, support to find work, life skills groups and more. Visit capuk.org to find out more.

CAP is committed to its services being accessible and inclusive. We support people from all faiths. We do not discriminate by age, gender reassignment, being married or in a civil partnership, being pregnant or on maternity leave, disability, race, religion or belief, sex or sexual orientation.



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