

# Get involved with your CAP Debt Centre

## 1. My details

Full name:

Full address (inc. postcode):

Email address:

Telephone no:

Mobile no:

## 2. Things I would like to help with (please tick all that apply)

### Visit team

- Going on client visits during the day with the Debt Coach
- Going on client visits during the evening with the Debt Coach
- Praying for a client during visits with the Debt Coach

### Prayer team

- Attending regular prayer meetings
- Praying for urgent needs sent via text/email
- Producing a monthly prayer letter
- Joining CAP's national prayer team (quarterly prayer diaries sent by post from CAP HQ)
- Organising prayer meetings

### Other

- DIY/gardening work to help clients
- Providing lifts to church/supermarkets for clients
- Advertising - distributing posters/leaflets
- Attending court with a client who's facing eviction/bankruptcy (just to offer moral support)
- Being involved in one-to-one discipleship with someone who has prayed a prayer of commitment
- Setting up a small group for new Christians and going through discipleship material
- Organising/helping to organise a client event within your CAP Debt Centre
- General office admin tasks
- Speaking to clients on the phone regarding CAP related matters

### Blessing team

- Taking clients for an emergency food shop
- Making meals/cakes to take to clients
- Sending birthday/Christmas/Easter cards to clients
- Helping to organise and distribute Christmas food hampers

### Social team

- Having a client come to your church small group
- Helping at a client social event
- Taking clients for an emergency food shop
- Befriending a client - e.g. phoning to keep in touch, taking them out for coffee, inviting them to watch sport, taking them to church, etc.

## 3. My availability

I would like to volunteer \_\_\_\_\_ hours  per week  
 month

I am available (please tick all that apply):

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Morning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Afternoon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Evening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## 4. Please return this form to your CAP Centre Manager.

I believe  
*you've got  
what it takes*

to become part of  
our support team



*I think the absolute best part is being able to love people who can't always love themselves, and really valuing people who are told by society that they aren't worth much.*

– Tamsin, Southampton CAP Debt Centre

Dear \_\_\_\_\_

We need a strong team of people like you to make our CAP Debt Centre a success. I've given you this flyer because I've seen qualities in you that I believe will make you a great member of our support team for our centre.

Getting involved with our support team is easy and the role is flexible. It can be as simple as giving someone a lift to church, baking a birthday cake or mowing a lawn. Or it can be accompanying our debt centre staff to regular visits, organising social and evangelistic events for CAP clients or offering regular prayer support.

I'd really value the qualities and skills you have in our team, so please have a read through the options on the back of this flyer and let me know what you can offer to those in poverty on our doorstep.

Thank you so much,



[capdebthelp.org](http://capdebthelp.org)